

# Online Targeted Parenting Courses Spring Term 2021

For full details of each course and how to refer to providers please go to [www.hertfordshire.gov.uk/parentingsupport](http://www.hertfordshire.gov.uk/parentingsupport) or visit the providers links. If you have any professional questions for Family Services Commissioning, please email [EHCommissioning@hertfordshire.gov.uk](mailto:EHCommissioning@hertfordshire.gov.uk)

Provider	District	Name of course	Dates & Times
ADD-vance	Online	Understanding ADHD and Autism <b>www.add-vance.org</b>	Mon 4th, 11th, 18th, 25th Jan, 1st & 8th Feb 10am—12pm
			Mon 4th, 11th, 18th, 25th Jan, 1st & 8th Feb 7pm—9pm
			Thurs 7th, 14th, 21st, 28th Jan, 4th, 11th Feb 10am—12pm
			Fri 8th, 15th, 22nd, 29th Jan, 5th & 12th Feb 10am – 12pm
			Sat 20th, 27th Feb, 3rd, 10th 17th & 24th Mar 2pm—4.30pm
			Mon 22nd Feb, 1st, 8th, 15th & 22nd Mar 10am—12.30pm
			Fri 26th Feb, 5th, 12th, 19th, 26th Mar 10am—12.30pm
			Mon 22nd Feb, 1st, 8th, 15th & 22nd Mar 7pm—9.30pm
			Tue 23rd Feb, 2nd, 9th , 16th & 23rd Mar 10am—12.30pm
			Online (parents/carers of girls)
Online (Dads only)	Wed 24th Feb, 3rd, 10th, 17th & 24th Mar 7pm—9.30pm		
Online	Understanding girls with ADHD and Autism	Thurs 25th Feb, 4th, 11th, 18th, 25th Mar 10am—12.30pm	
Online (East Herts district)	Understanding Teens with ADHD and Autism <b>www.add-vance.org</b>	Tue 23rd Feb, 2nd, 9th , 16th & 23rd Mar 7pm—9.30pm	
Online (Dacorum)		Wed 24th Feb, 3rd, 10th, 17th & 24th Mar 10am—12.30pm	
ADD-vance	Online		Tues 5th, 12th, 19th, 26th Jan, 2nd & 9th Feb 10am—12pm



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ADD-vance	Online (North Herts district)		Tues 5th, 12th, 19th, 26th Jan, 2nd & 9th Feb 7pm—9pm
Families Feeling Safe	Broxbourne	Protective Behaviours for Dads and Male Carers <a href="mailto:enquiries@familiesfeeling-safe.co.uk">enquiries@familiesfeeling-safe.co.uk</a>	Tues 5th Jan 7.30pm—9pm, 12th, 19th, 26th Jan , 2nd & 9th Feb 8pm—9pm,
Families Feeling Safe	Hertsmere		Thurs 7th Jan 7.30pm—9pm, 14th, 21st, 28th Jan, 4th & 11th Feb 8pm—9pm
Families Feeling Safe			
Families Feeling Safe	Countywide	Protective Behaviours for Mums, Dads and Carers	Wed 6th Jan 7.30—9pm, 13th, 20th, 27th Jan, 3rd & 10th Feb 8pm—9pm
Families in Focus	Hatfield	Handling Anger in Your Child with SEND (5—11yrs)	Dates to be confirmed, for more information, please contact <a href="http://www.familiesinfocus.co.uk">www.familiesinfocus.co.uk</a>
Families in Focus	Hemel Hempstead	Handling Anger in Your Family (5-11yrs)	Dates to be confirmed, for more information, please contact <a href="http://www.familiesinfocus.co.uk">www.familiesinfocus.co.uk</a>
HACRO	Watford	Caring Dads	Dates to be confirmed, for more information please contact <a href="http://www.hacro.org.uk">www.hacro.org.uk</a>
Natural Flair	Online	Natural Steps to Stronger, Safer Families <a href="http://www.natural-flair.com">www.natural-flair.com</a>	Mon 25th Jan, 1st, 8th, 15th, Feb, 1st, 8th Mar 7pm—9pm Thurs 28th Jan, 4th, 11th, 18th Feb, 4th, 11th Mar Tues 2nd, 9th, 16th Feb, 2nd, 9th, 16th Mar Wed 3rd, 10th, 17th Feb, 3rd, 10th, 17th Mar 9.30am—11.30am
Natural Flair	Online	The Secrets of Parenting Teens and Building Resilience <a href="http://www.natural-flair.com">www.natural-flair.com</a>	Wed 27th Jan, 3rd, 10th, 17th Feb, 3rd, 10th Mar Mon 1st, 8th, 15th Feb, 1st, 8th 15th Mar Thurs 4th, 11th, 18th Feb, 4th, 11th, 18th Mar 7pm—9pm
Supporting Links	Online	Talking Families <a href="http://www.supportinglinks.co.uk">www.supportinglinks.co.uk</a>	Tues 5th, 12th, 19th, 26th Jan, 2nd, 9th Feb 8pm—9.15pm Wed 6th, 13th, 20th, 27th Jan, 3rd, 10th Feb 10am—11.15am



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			Wed 24th Feb, 3rd, 10th, 17th, 24th, 31st Mar 10am—11.15am
Online	Talking Teens <a href="http://www.supportinglinks.co.uk">www.supportinglinks.co.uk</a>		Tues 5th, 12th, 19th, 26th Jan, 2nd, 9th Feb Thurs 7th, 14th, 21st, 28th Jan, 4th, 11th Feb Mon 22nd Feb, 1st, 8th, 15th, 22nd, 29th Mar Thurs 25th Feb, 4th, 11th, 18th, 25th Mar, 1st Apr All at 7.45pm—9.15pm
Online	Talking Dads <a href="http://www.supportinglinks.co.uk">www.supportinglinks.co.uk</a>		Wed 6th, 13th, 20th, 27th Jan, 3rd 10th Feb Wed 24th Feb, 3rd, 10th, 17th, 24th Mar 7.45pm—9.15pm
Online	Understanding Behaviour in your child with additional needs <a href="http://www.supportinglinks.co.uk">www.supportinglinks.co.uk</a>		Wed 6th, 13th, 20th, 27th Jan, 3rd, 10th Feb 10am—11.15am Wed 24th Feb, 3rd, 10th, 17th, 24th, 31st Mar 8pm-9.15pm

Support also available from

Hertfordshire Practical Parenting Programme

Support helpline and web information -

<https://www.hertfordshireppp.co.uk/covid-19/>

Safer Places—<https://www.saferplaces.co.uk/>

Support information and helpline. Online Triple R courses available - referrals from professionals via website

